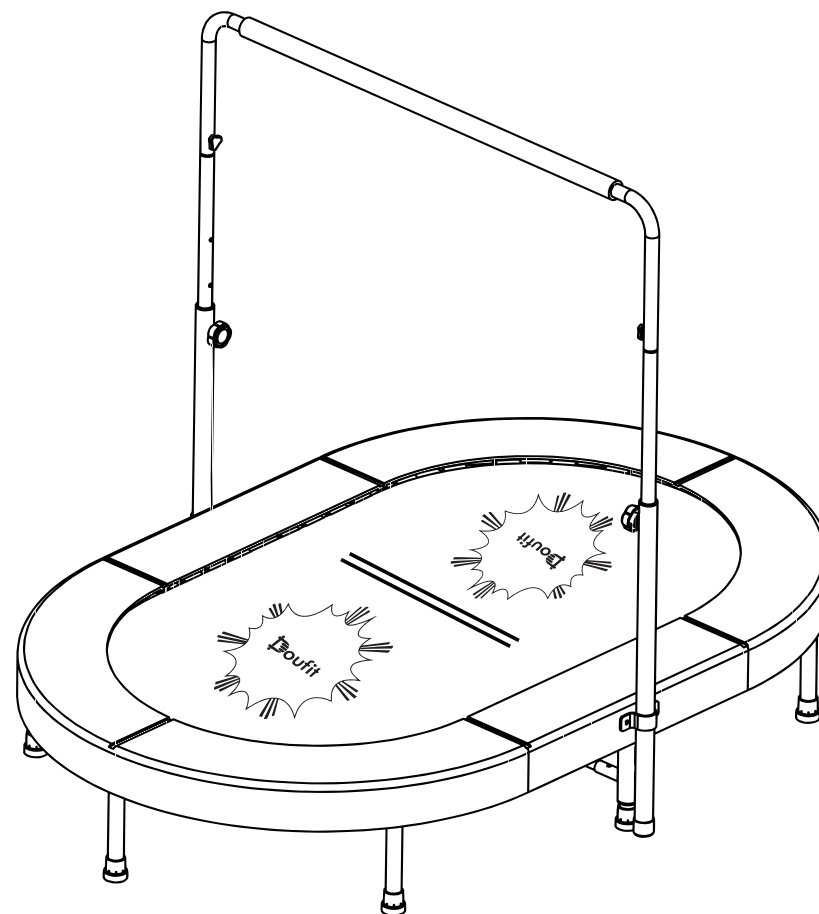


# Boufit TR-01 Trampoline Instruction Manual



- \* Please read the instruction manual carefully and follow it.
- \* Please keep the instruction manual for your later use.
- \* If you want to give this product to your friends, don't forget to bring them the instruction manual.

Thanks for purchasing Doufit TR-01 Trampoline and hope you will enjoy it. Please read the instruction manual carefully before using it. And make sure that the product is complete and free from any damage caused during transportation.

## Precautions

- \*The maximum load bearing is 100 Kg (220 Lbs).
- \*Only two people can use the product at a time.
- \*Please jump near the central area.
- \*Before exercise, please take off your valuable accessories, such as glasses, necklace and watch, to avoid falling.
- \*Don't put anything in your pocket or on the trampoline during using.
- \*Don't smoke during using.
- \*Place the trampoline on a flat and dry place to use.
- \*Keep the jumping mat and the spring pad dry.
- \*Please exercise in a well-lighted place.
- \*Don't jump from the outside or high place to the trampoline.
- \*Don't somersault. Or it may result paralysis even death if you land with your head or neck!
- \*For children, they can only use it under guardianship of adult.
- \*The product can't be used as a jumping board.
- \*Please clean it with a wet cloth, and corrosive solvent cleaners are prohibited.
- \*Don't use this product if you have any conditions or diseases as follows:
  - Pregnancy;
  - Breathing obstacle;
  - Spinal injury, cerebral sclerosis, or acutely swollen joints;
  - Osteoporosis, Gout, unhealed fractures or surgically implanted orthopedic supports;
  - Hypertension, heart disease, or using a cardiac pacemaker;
  - Using anti-coagulants in high doses.

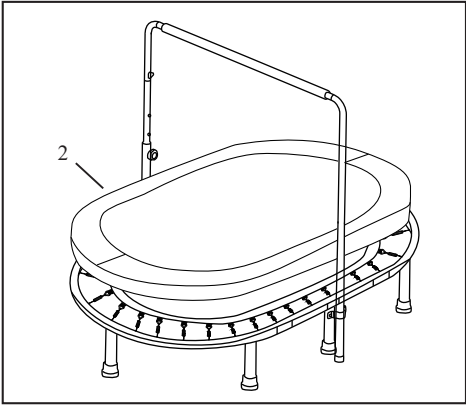
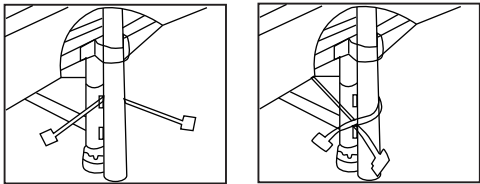
## Service

If you have any problems or questions, please contact us.  
We will try our best to solve it for you.

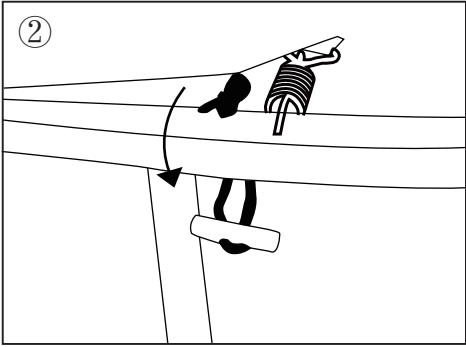
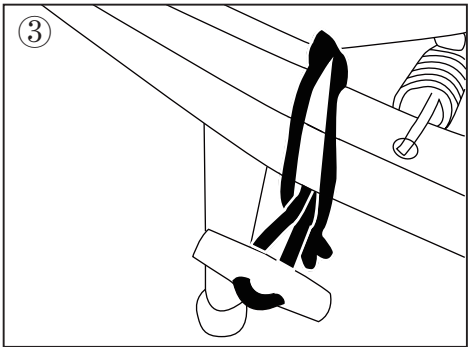
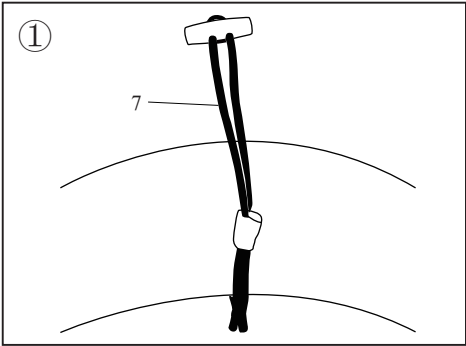
**Our Email Address: [service@doufit.net](mailto:service@doufit.net)**

**Our Website: [www.doufit.net](http://www.doufit.net)**

8. Cover the frame with a spring pad (No.2) and tie the cords on both sides of the pad to the frame.



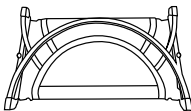

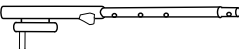

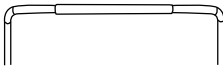



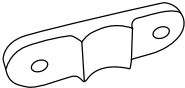

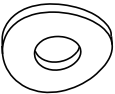
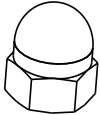
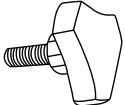

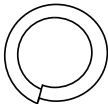

9. Insert a bungee cord(No.7) in each hole of the spring pad and tie them to the edge of the frame.



**Attention:** If you want to fold the jumping frame, you MUST take off the spring pad firstly. Otherwise, the spring pad will be damaged.

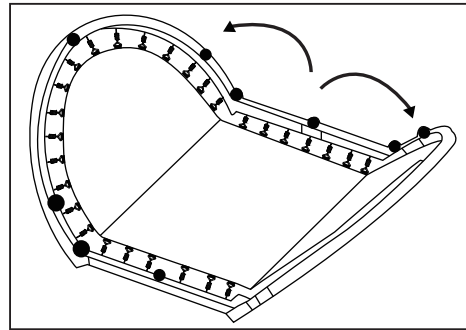
# Part listing

If any part is missing, distorted or broken when you receive the package, please contact [service@doufit.net](mailto:service@doufit.net) with your order number, we will send the replacement part to you as soon as possible.

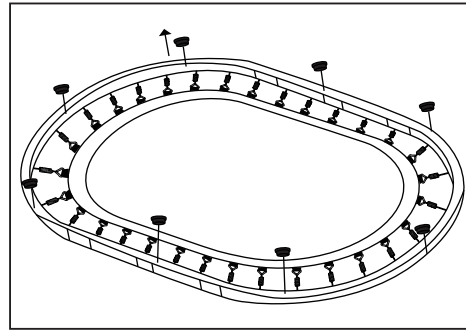
 <p>1.Jumping mat with frame</p>	 <p>2.Spring pad</p>	 <p>3. Extension pipe assembly x 2pcs</p>	 <p>4.Stabilizer bar</p>
 <p>5.Handrail</p>	 <p>6.Leg pipe with cover x 8pcs</p>	 <p>7.Bungee cord x 6pcs</p>	 <p>8.Pipe clamp x 2pcs</p>
 <p>9.Pipe holder bracket x 2pcs</p>	 <p>10.M6*35mm bolt x 2pcs</p>	 <p>11.Washer x 6pcs</p>	 <p>12.Lock nut x 6pcs</p>
 <p>13.Triangular head bolt x 4pcs (Two bolts are attached to the extension pipe assemblies)</p>	 <p>14.M6*45mm carriage bolt x 4pcs</p>	 <p>15.Split washer x 6pcs</p>	 <p>16. Tool x 2pcs</p>

# Assembly Method

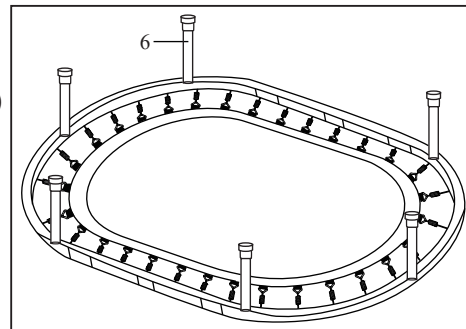
1. Please make sure all the springs are attached between the frame and jumping mat and then unfold the frame.



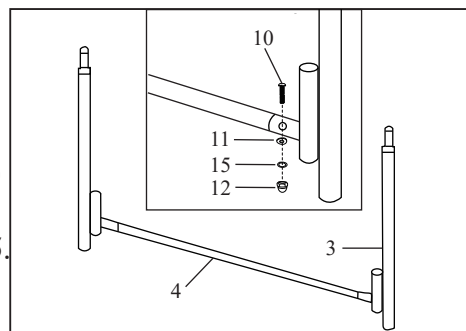
2. Take off eight plastic caps from the bottom of frame.



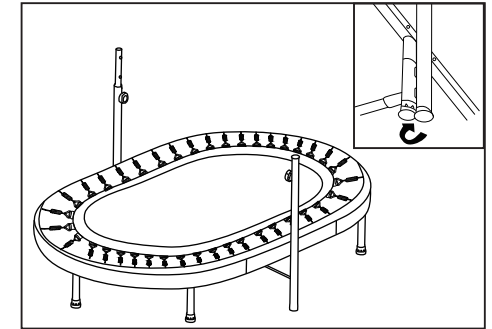
3. Screw six leg pipes(No.6) to the frame. (Don't screw them to two middle holes now, if you want to assemble the handrail finally.)



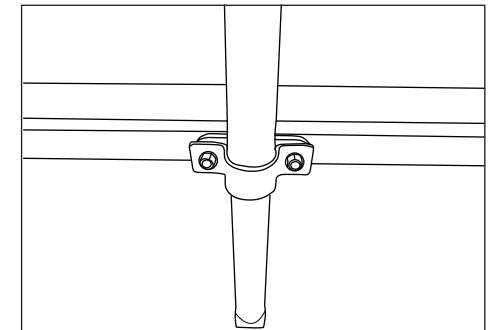
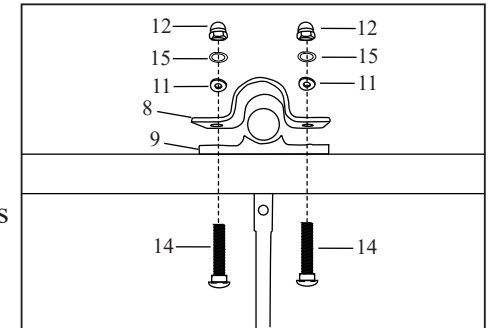
4. Connect two extension pipe assemblies (No.3) with the stabilizer bar(No.4). Insert a M6\*35mm bolt(No.10) to one side of the stabilizer bar. Then screw a washer (No.11), a split washer(No.15) and a lock nut(No.12) to fix. Please don't fix the another side of the stabilizer bar before you finish the Step 5.



5. Insert two leg pipes to two bottom extension pipe assemblies. Put the frame on the them. Screw those two leg pipes to the frame.



6. Insert a pipe holder bracket(No.9) into the gap between the extension pipe assembly and the frame. Insert two carriage bolts(No.14) and attach a pipe clamp(No.8).Screw two washers(No.11), two split washer(No.15)and two lock nuts (No.12) to fix them. (The other side is in the same way.)



7. Adjust the height of two extension pipes to the top level. Assemble the handrail(No.5) to the extension pipe assemblies. Screw two triangular head bolts(No.13) to fix.

